CHOICE SINCE STREET

Why let the kids have all the fun? Join Choice Health & Fitness Adult Tennis Leagues and hit the courts this summer in some friendly competition. League available for all skill levels, beginners - experts. Must be 18 or older. All leagues are coed unless otherwise specified.

DON'T KNOW WHAT LEVEL TO PLAY?

Our goal is to ensure a competitive league for everyone involved. If you don't have a player rating, we'll help you determine your appropriate level of play. Also, a self-rating guide is available at www.usta.com.

CAN'T COMMIT EVERY WEEK?

If you will rarely miss, we'll have a sub list of players that can be contacted to ensure your opponent(s) have a match. If you can't commit to a majority of the league nights but would like to play, add your name to our sub list. You'll likely have some opportunities to play during the league.

DON'T HAVE A DOUBLES PARTNER?

You don't register with a partner.
The doubles leagues are progressive,
meaning, you'll team up with different
players each week, based on your
results from the previous week.

WHERE ARE LEAGUES LOCATED?

Leagues are held at Choice Health & Fitness.

WHAT ARE THE RULES?

League schedules, rules, & awards will be finalized & announced after registration.





Singles League

Where:

When:



Summer Session: June 14 - August 23 (No league July 5) **Registration Deadline: June 7** (\$10 late fee after deadline)

Choice Health & Fitness (outdoor courts) | 4401 S 11th St, Grand Forks, ND

Doubles League

	Monday 6:30 - 8:00 p.m.	Thursday 6:30 - 8	3:00 p.m.		
Divisions:	4.5 - 5.0 Singles	2.5 - 3.0 Progressive Doubles 3.5 - 4.0 Progressive Doubles			
Player Level:	NTRP 2.5 - 3.0 3.5 - 4.0 4.5 - 5.0	Approximate Level of Beginner / Intermed Intermediate / Adva Advanced / Expert	liate		
Cost:	Singles League \$60 + tax per player	Doubles League \$40 + tax per player	Doubles League \$40 + tax per player		
	Return full payment and roster to:	Choice Health & Fitr P.O. Box 12429 Grand Forks, ND 58			
Deadline:	Monday June, 1 or until full. \$10.00 late fee if registration is accepted after deadline.				
Rules:	League schedules, rules, & awards	s will be finalized and an	nounced afte	r registration.	
Detach and return with full payment. ADULT TENNIS LEAGUE REGISTRATION FORM June 14 - August 23					
ame:	Ema	il:			
ddress:	City:		State:	Zip Code:	
none: (W)	(C) (Woo	rk)			
LEASE MARK THE LEAGUE IN WHICH YOU WOULD LIKE TO PLAY:					
LEASE CIRCLE YOUR PLAYER LEVEL BELOW:					
2.5 - 3.0	3.5 - 4.0	4.5 - 5.0		Unknown	

Return registration forms to Choice Health & Fitness. Leagues are scheduled on a first come, first served basis and will fill up quickly.