

## FACILITY ACCESS

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Members only unless participating in a program conducted by Choice Health & Fitness personnel.	Guests must be accompanied by a member age 18 or older to purchase a guest fee.	Open to members and guests with user fee.	Open to members and guests with user fee.

## FACE MASK POLICY

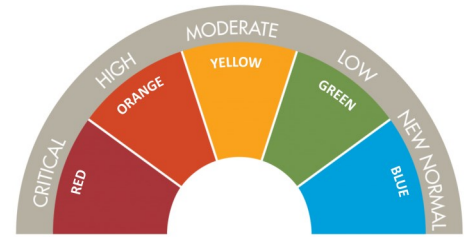
RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Face masks are required when not actively engaged in exercise and when participating in programs designated by Choice Health & Fitness.	Face masks are required when not actively engaged in exercise and when participating in programs designated by Choice Health & Fitness.	Face masks are recommended.	Face masks are not required.

## TIME LIMITS

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Due to social distancing and occupancy restrictions, please limit your workout time to 90 minutes or less.	Due to social distancing and occupancy restrictions, please limit your workout time to 2 hours or less.	No time limits.	No time limits.

## AGE GUIDELINES

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	<p><b>Ages 9 – 13:</b> Must be directly supervised by a parent or other person on the family membership age 14 or older, except when participating in a program with Choice Health &amp; Fitness personnel.</p> <p><b>Age 8 &amp; Younger:</b> Must be directly supervised by a parent; only permitted in the aquatics, basketball, or tennis areas, except when participating in a program with Choice Health &amp; Fitness personnel.</p>	<p><b>Ages 9 – 13:</b> Must be directly supervised by a parent or other person on the family membership age 14 or older, except when participating in a program with Choice Health &amp; Fitness personnel.</p> <p><b>Age 8 &amp; Younger:</b> Must be directly supervised by a parent; only permitted in the aquatics, basketball, or tennis areas, except when participating in a program with Choice Health &amp; Fitness personnel.</p>	<p><b>Ages 9 – 13:</b> Must be directly supervised by a parent or other person on the family membership age 14 or older, except when participating in a program with Choice Health &amp; Fitness personnel.</p> <p><b>Age 8 &amp; Younger:</b> Must be directly supervised by a parent; only permitted in the aquatics, basketball, or tennis areas, except when participating in a program with Choice Health &amp; Fitness personnel.</p>	<p><b>Ages 9 – 13:</b> Must be directly supervised by a parent or other person on the family membership age 14 or older, except when participating in a program with Choice Health &amp; Fitness personnel.</p> <p><b>Age 8 &amp; Younger:</b> Must be directly supervised by a parent; only permitted in the aquatics, basketball, or tennis areas, except when participating in a program with Choice Health &amp; Fitness personnel.</p>



## CHILDCARE

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Open to children ages 2 - 8 with occupancy limits. Face masks required for children of school age unless social distancing guidelines can be maintained.	Open to children ages 2 - 8 with occupancy limits. Face masks required for children of school age unless social distancing guidelines can be maintained.	Open to children age 3 months - 8 years old with occupancy limits.	Normal occupancy and activities will resume.

## LOCKER ROOMS

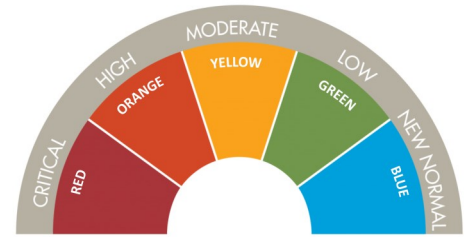
RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Open with limited occupancy and social distancing guidelines. Face masks are required. Steam rooms are closed.	Open with limited occupancy and social distancing guidelines. Face masks are required. Steam rooms are closed.	Open with limited occupancy and social distancing guidelines. Steam rooms are closed.	Normal occupancy and activities will resume.

## AQUATICS (Pool Area)

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Lap swimming is limited to 1 person per lane. Please limit time to 60 minutes or less. Water Exercise classes are limited to 10 participants. Waterslides and play features are available at scheduled times. Swimming lessons are available.	Lap swimming is limited to 2 people per lane. Please limit time to 60 minutes or less. Water Exercise classes are limited to 14 participants. Waterslides and play features are available at scheduled times. Swimming lessons are available.	Lap swimming is limited to 3 people per lane. Water Exercise classes are limited to 18 participants. Waterslides and play features are available at scheduled times. Swimming lessons are available.	Normal occupancy and activities will resume.

## CARDIO AREAS

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Masks are required when not actively engaged in exercise. Participants are required to maintain social distancing guidelines.	Masks are required when not actively engaged in exercise. Participants are required to maintain social distancing guidelines.	Participants are required to maintain social distancing guidelines.	Normal occupancy and activities will resume.



## FITNESS AREAS (Free weights, weight machines, Extreme Training Area, Keiser Area, Pilates)

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Masks are required when not actively engaged in exercise. Participants are required to maintain social distancing guidelines.	Masks are required when not actively engaged in exercise. Participants are required to maintain social distancing guidelines.	Participants are required to maintain social distancing guidelines.	Normal occupancy and activities will resume.

## PERSONAL & GROUP TRAINING

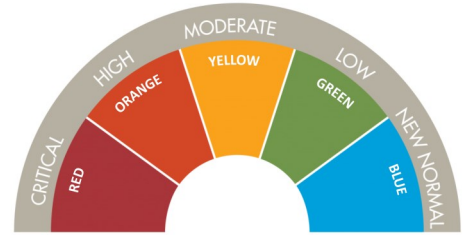
RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Participants are required to maintain social distancing guidelines. Masks may be required.	Participants are required to maintain social distancing guidelines. Masks may be required.	Participants are required to maintain social distancing guidelines.	Normal occupancy and activities will resume.

## GROUP EXERCISE

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	High intensity classes will not be available. Class length may be limited. Class sizes will be limited to meet social distancing guidelines. Face masks are required. A selection of online classes will be available for members.	Group cycling will not be available. Class length may be limited. Class sizes will be limited to meet social distancing guidelines. Face masks are required. Selection of online classes will be available for members.	Class sizes will be limited to meet social distancing guidelines. Normal class length will resume.	Normal occupancy and activities will resume.

## TENNIS

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Open for play. Drills and lessons available with occupancy limits and social distancing guidelines. Face masks required during youth lessons programs.	Open for play. Drills and lessons available with occupancy limits and social distancing guidelines. Face masks required during youth lessons programs.	Open for play and programs with occupancy limits and social distancing guidelines.	Normal occupancy and activities will resume.



## TRACK

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	Participants are required to maintain social distancing guidelines.	Participants are required to maintain social distancing guidelines.	Participants are required to maintain social distancing guidelines.	Normal occupancy and activities will resume.

## GYMNASIUM (Basketball & Volleyball Courts)

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	<p><b>Basketball:</b> Open with limited occupancy for shooting only.</p> <p>No game play.</p> <p>Noon basketball is not available.</p> <p>Youth lessons available with limited occupancy.</p> <p>Face masks are required during leagues and lesson programs.</p> <p><b>Volleyball:</b> Youth lessons available with limited occupancy.</p> <p>Face masks are required during leagues and lesson programs.</p>	<p><b>Basketball:</b> Open with limited occupancy for shooting and 3-on-3 game play only unless participating in a program run by Choice Health &amp; Fitness.</p> <p>Youth lessons available with limited occupancy.</p> <p>Face masks are required during leagues and lesson programs.</p> <p><b>Volleyball:</b> Youth lessons available with limited occupancy.</p> <p>Face masks are required during leagues and lesson programs.</p>	<p><b>Basketball:</b> Open with limited occupancy for shooting and 5-on-5 game play.</p> <p><b>Volleyball:</b> Youth lessons available with limited occupancy.</p>	Normal occupancy and activities will resume.

## RACQUETBALL

RED	ORANGE	YELLOW	GREEN	BLUE
Facility may be required to close.	<p>Open for singles play only.</p> <p>Youth lessons available with limited occupancy.</p> <p>Face masks are required during lesson programs.</p>	<p>Open for singles play only.</p> <p>Youth lessons available with limited occupancy.</p> <p>Face masks are required during lesson programs.</p>	<p>Open for singles and doubles play.</p> <p>Lessons available.</p>	Normal occupancy and activities will resume.