



**Give Your Sweetheart
the Gift of Health
this Valentine's Day!**

**The first 10 couples to purchase a
sweetheart training package will
receive a free 30 minute
couples massage at
Truyu Aesthetic Center located at
Choice Health & Fitness.**

**PLEASE NOTE
SOME RESTRICTIONS APPLY**

*Package must be purchased between
February 1 - March 15th, 2021.*

*Package is only valid with the
Personal Trainers listed on the right.*

*Packages are non-refundable and
must be used by September 15th, 2021.*

*If you are a member but your spouse or
significant other is a not, you can purchase
the package at a member rate; however, your
spouse/significant other will be required to
pay a \$9.65 guest fee when entering the
facility for each training session.*

SWEETHEART SPECIAL COUPLES PERSONAL TRAINING PACKAGES

SESSION LENGTH	MEMBER RATE
(10) 30-Minute Couples Personal Training Sessions	\$350.00 <i>per couple</i> Save \$150.00
(10) 45-Minute Couples Personal Training Sessions	\$500.00 <i>per couple</i> Save \$200.00

AVAILABLE PERSONAL TRAINERS FIND THE PERFECT FIT FOR YOUR FITNESS NEEDS!

PERSONAL TRAINER	TRAINING SPECIALTIES	CONTACT INFORMATION
Bryce Blair Personal Trainer	Strength Conditioning General Fitness	702.220.1550 bblair.choicehf@gmail.com
Jared Connell Personal Trainer	Strength Conditioning Weight Loss	701.400.7684 jconnell@choicehf.com
Daniel Hoffmeyer Personal Trainer	Strength Conditioning Weight Loss	701.350.0520 dhoffmeyer.choicehf@gmail.com
Veronica Lien Master Trainer	Functional Strength Beginners to Advanced Bootcamp Pilates	701.269.9451 vlien.choicehf@gmail.com
Nadia Morneau Personal Trainer	Boxing Strength Training Conditioning	970.426.6977 nmorneau.choicehf@gmail.com
Erin Morris Master Trainer	Functional Strength Conditioning Seniors	701.330.6028 enelson.choicehf@gmail.com

SWEETHEART PERSONAL TRAINING SPECIAL - CONSULTATION INQUIRY

Name: _____ Age: _____ Are You A Member? Yes ___ No ___ Phone: (____) _____ - _____

Significant Other: _____ Age: _____ Are They A Member? Yes ___ No ___ Phone: (____) _____ - _____

Trainer Preference: Male ___ Female ___ N/A ___ Training Availability: _____

What are your fitness goals as a couple? _____

Sweetheart

CHOICE
HEALTH & FITNESS

PERSONAL TRAINING

Special

