



Guidelines for Participants - Park District Figure Skating

1. Staying home when appropriate.
Anyone who is sick/not feeling well or has been in contact with someone who has COVID-19— including players, family members, coaches, staff and spectators — should not attend any event in the arena. Be on the lookout for symptoms of COVID-19. Call your doctor if you think you or a family member may be sick.
2. **Masks for skaters and coaches are MANDATORY.** Masks must always be worn in the facility and on-ice during instruction.
3. Wash hands often. Restrooms will be open for use. Bring your own hand sanitizer if you would like.
4. Bring your own water bottle. Community drinking fountains will not be turned on and concessions stand will not be open
5. Limit the sharing of any equipment
6. Spread out. Do not congregate with other players and coaches as best as possible and keep your social distance when able
7. No unnecessary physical contact, such as high fives, handshakes, fist bumps, or hugs

Guidelines for Parent/Guardian

- **Masks are MANDATORY at all times inside Park District Facilities**
- Please keep social distance around the arena's and spread out along the boards and viewing areas while watching. Please do not crowd around player gates and entryways.
- Anyone who is sick/not feeling well or has been in contact with someone who has COVID-19 should not attend and stay clear of the facilities. Be on the lookout for symptoms of COVID-19.
- If your child has tested positive or is a close contact of a positive result, please do not allow your child to participate or come to the arena until their quarantine period is up. We also ask that you notify the Park District to inform us of this, if you feel comfortable in doing so.

Park District Staff

- All Park District equipment and facilities will be disinfected daily.
- All Park District coaches/staff will be screened with temperature checks and a health survey prior to each day of work. They will not be allowed to coach that day if they do not pass the assessment.
- If a coach tests positive for COVID-19 during the season, CDC guidelines will be followed. The person who tested positive will need to stay at home for 14 days before resuming any coaching duties. Any coach that had close contact (less than 6 feet for a prolonged period of time) will be asked to stay home for 14 days as well.
- We will notify families if any coaches test positive.